

INDULGE BISTRONOMY

277 3RD AVE
CHULA VISTA CA 91910
IN HISTORIC DOWNTOWN CHULA VISTA
PHONE: 619-934-5700

WWW.INDULGECONTEMPORARYCATERING.COM

THIS IS A SAMPLE MENU-
We continually improve our menus,
season to season. Drop in to see our
most current menu!

Breakfast.....start the day off right with
Organic Eggs and...

OVEN BAKED OR TRADITIONAL
CHILAQUILES.....\$8.75
Roasted Tomatoes I Roasted Anaheim Peppers I
Mozzarella & Swiss cheese I Poached Or Any Style
Eggs

SO CAL BENNY.....\$8.75
Avocado Hollandaise Sauce I English Muffin I Smoked
Bacon, Indulge Hash

INDULGE SMOKED SALMON
BENEDICT..... \$8.75
Potato Pancake I House Smoked Salmon I Caviar I
Indulge Hollandaise sauce

INDULGE FRENCH TOAST..... \$8.25
Artisan Brioche I Indulge Vanilla Butter I Canela Syrup I
House made Orange Crème I Seasonal Fruit

INDULGE STUFFED FRENCH TOAST.....\$9.75
Granny Smith Apple I Raisins I Walnuts I Vanilla Butter
I Canela Syrup

THIRD AVE. LEMON RICOTTA PANCAKES..\$8.75
Three House Made Pancakes I Lemon Ricotta I Seasonal
Fruit

CHOCOLATE PANCAKES.....\$8.25

Two House Made Belgium Chocolate Pancakes I
Coconut Pudding

BLUE BERRY WHOLE WHEAT PANCAKES.....\$8.95
Three Pancakes I Lemon Ricotta I Seasonal Fruit

TUSCAN POACHED EGGS..... \$8.75
Two Eggs Poached in Fresh Rustic Tomato Sauce I
Indulge Hash

INDULGE GRANOLA..... \$7.95
Vanilla Yogurt I Seasonal Farm Fruit

SOUTH BAY POWER BREAKFAST..... \$8.75
Egg white Omelet I Seasoned Brown Rice I Black Beans
I Seasonal Grilled Vegetables

OMELET WITH THREE TOPPINGS..... \$8.95
Zucchini I Bell peppers I Tomatoes I Mushrooms I
Jalapenos I Anaheim Peppers I Spinach I Grilled
Eggplant I Swiss Cheese I Mozzarella Cheese I Parmesan
Cheese I Indulge Soy Chorizo

BREAKFAST....ON THE SIDE..... \$2.50
EACH
One Egg Your Style I Smoked Bacon I Oatmeal I
Indulge Hash I Toast

Salads.....dressed-up greens

WILD BABY ARUGULA SALAD.....\$7.25
Warm Burrata I Grilled Stone Fruit I Citrus Vinaigrette I
Balsamic Reduction

WEDGE ON EDGE..... \$7.25
Maple Glazed Pecan Bacon I Crisp Greens I Herb Blue
Cheese Dressing I Pickle Onions

CAESAR SALAD..... \$7.00
Crisp Romaine I House Made Dressing I Indulge
Croutons I Shaved Parmesan Cheese
(Add chicken \$3.00 or Ahi Tuna \$4.50)

Free Range and Grass Fed Stuff...

MOJO CHICKEN
.....\$1
0.95
Free Range Shelton Farms 1/4 Chicken I Cuban Black
Beans I White Rice I Plantain

INDULGE BURGER.....\$11.00
Open Space Fams 6oz. I Swiss or Sharp Cheddar I
Caramelized or House Pickle Onion
I Butter Lettuce I Tomato I Sweet and Red House Fries or
House Salad

La Pasta...

PAPARDELLE.....\$9.25
Indulge Alfredo I Sun Dried Tomato
ANGEL HAIR.....\$8.95
Tomato Basil....Add Chicken \$3 or Mex.White.Wild
Shrimp \$4

Sandwiches.....goodness in between the bread

SUMMER GRILLED CHICKEN SANDWICH..... \$8.95
Free Range Lemon Herb Grilled Chicken I Melted Swiss
Cheese I Lemon Basil Aioli I Baby Arugula I Tomatoes
Oven-warmed Ciabatta Bread I House Salad

CHINESE PORK ROAST SANDWICH..... \$8.95
Chinese Pork I Chinese Mustard I Swiss Cheese I
Pickled Onions I Oven-warmed Ciabatta Bread I House
Salad

GRILLED VEGETABLE PANINI \$8.95
Balsamic Glazed Portobello Mushrooms I Grilled
Squash I Red Bell Pepper Hummus I Baba Ghanoush I
Whole Wheat Bread I House Salad

PROSCIUTTO PANINI.....\$9.25
Italian Prosciutto I Whole Wheat Bread I House Basil
Pesto I Mozzarella I Tomato I House Salad

Soup....warms the soul

FRENCH ONION SOUP..... \$4.25
(My Sister Still Makes the Best!)

CREAM OF MUSHROOM \$4.00
Drizzle with White Truffle Oil
SOUTHWEST TORTILLA SOUP.....\$4.00
Baked Tortilla Strips I Pasilla Organic Chicken Broth I
Black Beans I Grilled Veggies

Desserts...Pastry Chef: Fernando

Viveros

TRADITIONAL CREMA

CATALANA.....\$5.95

WEDDING CAKE (See your Server for available
flavors).....\$4.95

We are proud to be a part of “Slow Food USA”

We greatly appreciate our AMAZING farmers
and food providers.

R and L Farms (Superb Ranch eggs and organic
fruits)

Suzie’s Farm

Sun Grown Organics

Chula Vista Farmers Market

Bread and Cie

Harmony Meats – Organic Chicken & Other

Natural Meats

Shelton Farms

Open Space Farms

And a Special Thanks to our friends at San
Diego Seafood!

FOR ALL YOUR CUSTOM CATERING
NEEDS- PLEASE VISIT US AT

WWW.INDULGECONTEMPORARYCATERING.COM

ALSO- VISIT OUR SISTER RESTAURANT
FOR THE BEST FREE-RANGE ORGANIC
CHICKEN AT URBAN CHICKEN:

549 25TH ST, SAN DIEGO, CA

(619) 756-6911

CALL IN YOUR ORDER AND WE’LL HAVE IT
WAITING AND READY FOR YOU IN NO TIME:

(619) 934-5700